

Little Star Foundation “Your Example”

Issue 20 August 2020

2020 marks 35th Year Helping Children, Families & Communities

From concerned teachers: “People are worried about dying. In addition to that people are being laid off, and now students in my community, where I serve, are worried about eating or rent.”

UN Secretary General says one billion students affected by virus closures.

United Nations Secretary General Antonio Guterres said the coronavirus pandemic has led to the largest disruption of education in history, with schools closed in more than 160 countries affecting over 1 billion students. Little Star continues to provide educational programs to help.

Deputy Director, Adriana Solarova, works on all aspects of Little Star: Programs, Admin & Fundraising.



Donate Today!

Your donation matters!
Donate today to improve the lives of children.

Hospital workers are worried even further about their young patients and families. How Little Star is helping.



Parenting a Medically Complex Child

According to child experts, even before the pandemic times of 2020, parenting is tough. Parenting a medically complex child even tougher, made more so in these difficult times. Navigating the health care system can be daunting and overwhelming for parents of a medically complex child, causing devastating emotional, financial and social stresses on the entire family.

Little Star Foundation's Long Term Care Programs continue to operate in 2020, our 35th year, bringing financial assistance, meals, daily and emergency care, therapeutic activities & educational support!

Donate to Little Star at www.littlestar.org

Experts from across the country share tips for talking to children:

Remain calm. Remember that children will react to both what you say and how you say it. They will pick up cues from the conversations you have with them and with others.

Make yourself available to listen and to talk. Let children know they can come to you when they have questions and share their thoughts. Listening to children involves more than hearing them talk. Children may not follow instructions initially but that doesn't necessarily mean they didn't hear you. Some children are better visual learners than auditory learners. Showing by example helps.

Avoid language that might blame others and lead to stigma.

Pay attention to what you and your children see or hear on television, radio, or Online.

Provide information that is truthful and appropriate for the age and developmental level of the child.

Teach children everyday actions to help them become responsible children. Keep remembering to help reduce the spread of germs. Remind children to wash their hands frequently and if possible stay away from people who are coughing or sneezing or sick. Remind them to cough or sneeze into a tissue or their elbow, then throw the tissue into the trash. If school is open, discuss any new actions that may be taken at school to help protect children and school staff.

Studies show a person can have 50,000-70,000 thoughts a day and that 80% are negative and 95% repetitive. Being mindful of thoughts can help your life.



At Little Star Foundation neuroplasticity is important - (reorganizing thought patterns). We have had children deemed terminal by the medical establishment attend our Long Term Care Programs and turn their diagnosis around. Every child we invest in participation wise fully - whether with positives prognosis, children never knowing if they will make their next birthday or ones told by doctors they only have months to live.

Our motto continues, "Live Full!" Focusing on what can be achieved regardless of diagnosis is part of what we share via support, activities, programs & connections. Your support helps the mission succeed!

Requests continue to come in:
Hi, My daughter, Maeve, is 8 years old and battling cancer. Can you please help us?

Follow

Andrea Jaeger and Little Star Foundation on [Facebook](#) and [@littlestarfoundation](#) on [Instagram](#).

Daily Posts include news inspirational devotions, special tributes & pictures.

Your donation will help bring important Long-Term Care, Better Quality of Life Programs & Emergency Care support to children.
Donate today.
Thank You!



Since all programs are provided free of charge to families fundraising is critical. Little Star Foundation operates on the generosity of others. Your donation is vital in improving and saving lives.

On behalf of all the children, families and communities in need and with cancer benefiting from Little Star Foundation Programs, a heartfelt thank you to you.

Requests continue to pour in: From a hopeful Mom: "Our child has been in treatment 1 year and has about 1 1/2 years of cancer treatment left.

We have been struggling financially since our child was diagnosed and now things are getting far worse. I quit working so I could care for my child with cancer. I was initially planning to go back to work once my child started cancer maintenance treatments, but due to Covid19 I have not been able to do so.

We are hoping you can provide financial assistance for help with past due bills, basic necessities, clothing and groceries. Our doctor, child life specialist, hospital, social worker and other information you requested is provided. Please help."



The financial impacts of a cancer diagnosis and cancer treatment on a family can be devastating. Thank you for your support. Each dollar you donate is a miracle dollar helping children with cancer.



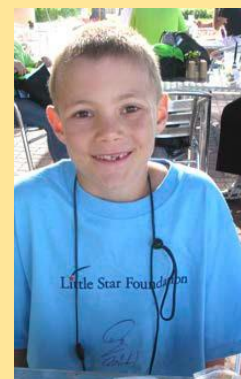
You can change the World!
Donate what you can.

Ways to Donate:

- You can donate any amount securely online at www.littlestar.org
- Want to send a check? Little Star's address:

Andrea Jaeger
Little Star Foundation
174 Watercolor Way
Suite 103 B343
Santa Rosa Beach, FL 32459
800-543-6565

- Ask Your Family, Friends, Company to match your Donation.
* contact Andrea Jaeger/Little Star directly at info@littlestar.org or at 800-543-6565
- Share this Issue of Little Star's Your Example.
- Donate any amount in celebration of or in memory someone dear to you.



www.littlestar.org

From National News August 2020

Famous LA Times sports columnist and Little Star supporter, Bill Plaschke contracted the disease at the end of July and thankfully recovered, but before he did, he experienced constant chills, intense fatigue, hallucinatory dreams and confusion. "I would occasionally hear acquaintances wonder if it was truly that awful," he wrote. "I can now offer indisputable confirmation. Yes, it really sucks. Nobody tells you about the dread," he wrote. He further shared, "I have been scared out of my mind." Plaschke said he wrote about his experiences to spread awareness of its effects. He also suggested that sports leagues and college conferences strongly consider altering their plans to play in the fall amid the pandemic. "The novel coronavirus is not a statistic," Plaschke concluded. "It's not an agenda. It's not a debate. COVID-19 is real enough to rise up and beat me senseless. We need to stop giving it license to do the same to others."

— Advice for helping kids navigate pandemic life includes being honest about uncertainties, acknowledging their feelings and sticking to a routine. Guidance from the Centers for Disease Control and Prevention:

https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/talking-with-children.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fcommunity%2Fschoools-childcare%2Ftalking-with-children.html

Recent Thank You words from a Mom that received Financial Assistance from Little Star:

"There aren't enough words that could explain how much this foundation has helped our family and what it did and means to us. So much stress has been taking off. I can actually focus on spending time with my babies and not other things that I've been worrying about constantly. This is so hard and you help give me faith and keep going. Reece has a 50% chance of relapsing and 90% of these poor sweet children do not make it. I try to focus on the positive and enjoy every day. This has been the biggest blessing I could have ever imagined!!! I thank God a million times a day and thank you too! Andrea Jaeger and her foundation have been helping families for 35 years!!! She is also a very empathetic person that gives the best advice. When a family gets news like this there is no way to prepare and every person handles the trauma differently. She and her team are Angels on earth. We are forever grateful."



Last month we shared little Reece's cancer story. A long time Little Star Participant, child cancer survivor, big time dear friend and their family helped with an anonymous donation and several others of you sent in your miracle dollars as well to get cancer stricken Reece, his Mom (pictured right & left) & his brother desperate help. These heartfelt thank you words and pictures full of smiles are for you! You are making these miracles happen! Thank You!



Together we have celebrated 35 years and honored Little Star's mission of providing long term care and a better quality of life to children with cancer and children, families, caregivers and communities in need. Let's continue Award Winning Programs together and making an important difference! Donate today at www.littlestar.org - God's Blessings to you, your family, loved ones and community. Keep Faith & with great appreciation, Andrea Jaeger – President Little Star Foundation
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